

Effective Listening

June 17, 2022

9:00 am - 5:00 pm



Trainer

Mr. Uzair Ausaf

Uzair Ausaf is a founder of a Communication, Consulting and a Training firm, CUBE CONSULTING and is on a mission to 'Multiply Human Potential'. He started his training career in 2012 while pursuing his Master's degree in Marketing and ever since he has not looked back. Uzair is a certified trainer, facilitator, moderator, HR practitioner & NLP Coach from School of Leadership, British Council, University of Concordia-Canada & American Board of Neuro-linguistic Programming respectively. Being close to a decade strong in the learning industry, Uzair has worked with 100+ organizations across parts of Europe, India, Sri Lanka and Pakistan with numerous multinationals and national organizations, educational institutes & public enterprises.

Contents

- Importance of Listening in Communication to Be Successful
- Use of Physiology for listening
- Creating Rapport
- Breaking Barriers & Letting go of assumptions
- Non-Judgmental Conversations Vs Judgmental Arguments
- Mindfulness – Acknowledgment Is Essential Agreement is Optional
- ACR – Active Constructive Response
- Resolving conflict by using 'I' statements instead of using 'YOU' statements
- AIDA Model
- 7 Rules of Effective Listening
- Building & Practicing Empathy
- STAR – Situation, Task, Action, Result

F2F, NIBAF Karachi

**Training Fee
10,000 Plus Tax**



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